

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Harlad Van Staden**

Has successfully participated & completed the  
**21km SA Run 4 Cancer Ultra Marathon 2019**  
held at Polokwane Rugby Fields.

**TIME 02:19:09**

**PACE 06:36/km**

**GENDER 232 of  
443**

**OVERALL 275 of 766**

**SENIOR (20- 126 of  
39) 215**



26 October 2019, Sat

Date

*BoutTime*

Signature

